

Table 3. Incidence or resolution of MS and its components at one year

Metabolic syndrome and its components	Incidence among participants not meeting criterion at baseline	Resolution among participants meeting criterion at baseline
Metabolic syndrome, n (%)	14 (32)	24 (31)
High WC, n (%)	9 (39)	11 (11)
Low HDL-C or receiving treatment, n (%)	3 (3)	5 (15)
High Trigl or receiving treatment, n (%)	14 (16)	11 (34)
High FPG, n (%)	16 (39)	31 (37)
High BP or receiving treatment, n (%)	10 (35)	11 (12)

WC: Waist circumference; HDL-C: High Density Lipoprotein cholesterol; Trigl: Triglycerides; FPG: Fasting plasma glucose; BP: Blood Pressure.