

Table 4. The age-adjusted prevalence of diabetes mellitus (DM), impaired glucose tolerance (IGT), impaired fasting glucose (IFG) and pre-diabetes in adults aged 20-79 in Thessaly and the whole country

	DM (%)	IGT (%)	IFG (%)	Pre-diabetes (%)
Thessaly				
Male	13.70	4.17	9.62	13.79
Female	9.20	2.13	2.64	4.77
Total	11.77	3.01	5.90	8.91
Greece				
Male	13.98	4.01	9.57	13.58
Female	9.25	1.90	2.76	4.66
Total	11.97	2.81	6.03	8.84