

Table 1. Prevalence of normoglycemia (NG), impaired fasting glucose (IFG) and diabetes mellitus (DM) based on fasting plasma glucose levels

Plasma glucose levels (mg/dl)	Males		Females		Total	
	n	%	n	%	n	%
<100 (NG)	280/384	72.92	369/421	87.65*	649/805	80.62
100-125 (IFG)	72/384	18.75	28/421	6.65*	100/805	12.42
≥126 (DM)	32/384	8.33	24/421	5.70	56/805	6.96

*p<0.001 compared to males