

**Table 1.** Endogenous and exogenous factors interfering with L-T4 absorption

<b>Foods</b>	<b>Gastrointestinal Diseases</b>	<b>Drugs</b>
✓ Food intake	✓ H. pylori infection	✓ Proton Pump Inhibitors
✓ Dietary fiber	✓ Lactose intolerance	✓ Ferrous sulfate
✓ Coffee	✓ Celiac Disease	✓ Calcium carbonate
✓ Pomelmo Juice	✓ Jejunioileal bypass or other bowel resection	✓ Sucralfate
✓ Soya	✓ Inflammatory Bowel Disease	✓ Sevelamer and other phosphate binders (e.g. Lanthanum carbonate)
	✓ Chronic Autoimmune Gastritis	✓ Cholestyramine
	✓ Biliary cirrhosis	✓ Ciprofloxacin
		✓ Raloxifene
		✓ Aluminium hydroxide
		✓ Orlistat