

Table 1. Clinical presentation and physical examination of patients with Sheehan's syndrome

Clinical presentation and physical examination	Mean±SD or n (%)
Systolic BP (mmHg)	104±19
Diastolic BP (mmHg)	69±16
Heart rate (beats/min)	76±11
Respiratory rate (breaths/min)	19±2
Axillary body temperature (°C)	36.4±0.6
Cold intolerance	56 (57.7)
Decreased or absent pubic or axillary hair	83 (85.6)
Slow reflexes	32 (33.0)
Cognitive changes	8 (8.2)
Pallor	64 (66.0)
Sparse hair and eyebrows	79 (81.4)
Dry skin	68 (70.1)
Myxedema	27 (27.8)
Hypopigmentation in the nipple-areola	39 (40.2)
Mammary gland atrophy	9 (9.3)
Vaginal atrophy	12 (12.4)
Low body weight (BMI <18.5 kg/m ²)	3 (7)
Overweight (BMI, 25 to 28 kg/m ²)	14 (32.6)
Obese (BMI ≥28 kg/m ²)	3 (7)

Values are means ± SD. BP: blood pressure; BMI: body mass index. For body weight summary, a total of 43 patients data had been collected.