

Table 4. Prevalence of the different patterns of menstrual cycles in women with polycystic ovary syndrome with and without abdominal obesity, defined as waist circumference (W) ≥ 80 cm or ≥ 88 cm (p = NS for both cut-off values)

	Women with W ≥ 80 cm (n = 652)	Women with W <80 cm (n = 645)	Women with W ≥ 88 cm (n = 431)	Women with W <88 cm (n = 866)
Single cycle irregularity	11.9	11.2	14.6	10.0
Multiple cycle irregularities	17.6	22.0	18.6	20.5
Single cycle irregularity alternating with regular menstrual cycles	60.5	55.6	57.1	58.4
Regular menstrual cycles	10.0	11.2	9.7	11.1