

Table 1. Risk factors of depressive symptoms

	No.	%	P value
Sex			0.183
Male	11	24.4	
Female	36	36.4	
Education			0.792
<high school	17	33.3	
high school	17	35.4	
>high school	13	28.9	
Stable job			0.285
Yes	23	37.7	
No	24	28.9	
Monthly average household income			0.555
Low	18	28.1	
Medium	17	37.8	
High	12	34.3	
Quality of sleep			0.722
Poor	21	34.4	
Good	26	31.3	
Experience of discrimination because of obesity			0.000
Yes	36	48.6	
No	11	15.7	
Experience of other negative life events			0.793
Yes	7	36.8	
No	40	32.0	