

Table 1. Descriptive statistics of the study population

A/A	Study groups	N(%)*	Metabolic Syndrome Components	Boys	Girls	Age (years)	Year of assessment
1	Administrative region of Rouvas (students)	192 (94)	188	89	99	4-16	2001
2	Administrative region of Chania (students)	303 (68)	246	103	143	14-17	2002
3	Administrative region of Chersonissos (preschool children)	110 (63)	89	46	43	3-7	2003
4	Administrative region of Heraklion (Dilina, Tilissos - preschool children and students)	779 (67)	686	304	382	3-17.5	2003
5	Six administrative areas of the county of Chania (preschool children)	1356 (77)	574	297	277	4-7	2004
6	Administrative region of Minoa-Pediados (students)	228 (74)	97	48	49	12-19	2011
Total		2968	1880	887	993		2001-2011

*Children who participated in each study (N=total number and %=percentage).