

Table 1. Demographic characteristics of the total participants

	Mean	SD	Median	Min	Max
Age (years)	34.69	7.38	34.00	20.00	50.00
Weight (kg)	83.24	10.85	83.00	57.00	120.00
Height (m)	1.79	0.06	1.80	1.62	1.97
BMI (Kg/m ²)	25.94	2.82	25.62	19.05	37.13
BMD L ₂ L ₄	1.22	0.13	1.22	0.89	1.58
BMD neck	1.02	0.11	1.03	0.73	1.50
25(OH) Vit D (ng/ml)	19.81	6.96	19.90	5.26	38.30
b-CTXs (ng/ml)	0.36	0.19	0.32	0.03	1.56
Osteocalcin (ng/ml)	18.32	7.07	16.98	6.35	53.74
P1NP (ng/ml)	52.11	25.51	48.33	13.25	238.40
Alcohol (g/week) ethanol intake	56.42	54.42	45.598	0.00	385.79
Calcium (mg/week)	2300.11	1228.85	2240	0.00	5600.00
PTH (pg/ml)	23.63	9.01	22.56	5.53	58.92