

Table 2. Characteristics of the hypothyroid patients (N=228)

Variable	Number of hypothyroid patients N (%) or mean (SD)	
Age: mean (SD)		39.439 (14.071)
Gender	Male	15 (6.6%)
	Female	213 (93.4%)
Smoker	Yes	20 (8.8%)
	No	208 (91.2%)
BMI (kg/m ²): mean (SD)		29.334 (6.515)
BMI categories:	Normal weight	56 (24.6%)
	Overweight	75 (32.9%)
	Obese	55 (24.1%)
	Severely obese	42 (18.4%)
Waist circumference (cm): mean (SD)		90.766 (18.355)
Central obesity:	Yes	119 (52.2%)
	No	109 (48.8%)
Dyslipidemia	Yes	54 (23.7%)
	No	174 (76.3%)
Hypertension	Yes	53 (23.2%)
	No	175 (76.8%)
Diabetes Mellitus	Yes	40 (17.5%)
	No	188 (82.5%)
Coronary Heart Disease	Yes	14 (6.1%)
	No	214 (93.9%)
Osteoporosis	Yes	24 (10.5%)
	No	204 (89.5%)
Family history of Diabetes Mellitus	Yes	139 (61%)
	No	89 (39%)
Family history of Thyroid Disorders	Yes	101 (44.3%)
	No	127 (55.7%)
Family history of Coronary Heart Disease	Yes	76 (33.3%)
	No	152 (66.7%)
Duration of illness (years): mean (SD)		4.843 (5.177)
	<10 years	188 (82.5%)
	≥10 years	40 (17.5%)
TSH (mIU/L): mean (SD)		2.129 (1.263)
fT3 (pg/mL): mean (SD)		2.458 (0.597)
fT4 (ng/dL): mean (SD)		1.148 (0.324)
L-T4 daily dose (mcg/kg/day): mean (SD)		1.381 (0.655)
SBP (mmHg): mean (SD)		117.697 (12.187)
DBP(mmHg): mean (SD)		75.351 (8.544)