

Table 1. Demographic and disease characteristics

		Number	Percentage
Age group (years)	19-30	18	0.3
	31-40	154	2.3
	41-50	844	12.7
	51-60	1984	30.0
	61-70	2326	35.1
	71-80	1130	17.1
	81-90	157	2.4
	90+	8	0.1
Gender	Male	3642	55
	Female	2979	45
Body Mass Index* (Kg/m ²)	Underweight (<19)	24	0.4
	Normal (20-25)	898	13.6
	Overweight (26-29)	3890	59.0
	Obese Class I (30-35)	1481	22.5
	Obese Class II-III (>36)	299	4.5
Duration of T2DM (years)**	0-5	2939	44.4
	6-10	1844	27.8
	11-15	651	9.8
	16-20	267	4
	21-25	94	1.4
	25-30	41	0.6
	31-35	12	0.2
	35-40	6	0.1
	41+	4	0.1
HbA1c	Controlled (<7%-53mmol/mol)	2714	41
	Moderately Uncontrolled ($\geq 7 - 7.99\%$ -53-64 mmol/mol)	2957	44.7
	Uncontrolled ($\geq 8\%$ -64 mmol/mol)	943	14.3

*According to NICE Guideline 43 2006 **The remaining 11.6% is of unknown disease duration.