

**Table 3.** Fasting glucose, fasting insulin and HOMA index in control, overweight, obese and ultra-obese groups

	<b>Control</b>	<b>Overweight</b>	<b>Obese</b>	<b>Ultra-Obese</b>
Fasting glucose (mg/dL)	84±2	81±1	84±2	82±2
Fasting insulin (mIU/L)	11.6±1.7	14.4±1.4	15.4±1.5	18.6±2.1**
HOMA index	1.99±0.4	2.89±0.3	3.06±0.4*	3.41±0.4*

\*p<0.01, \*\*p<0.001