

Table 1. Age, smoking habit, blood pressure, body measurements and biochemical indices of elderly and younger people of the study (2010)

	Elderly	Younger
	Mean±SD (N)	
Age (years)	93.2±2.8 (27)	66.2±5.1 (85)
Smokers (%)	3.7	32.4
SBP (mm Hg)	149±24 (27)	153±20 (74)
DBP (mm Hg)	67±12 (27)	82±11 (74)
Weight (kg)	67.3±10.0 (22)	81.1±11.5 (74)
BMI (kg/m ²)	26.4±3.7 (21)	28.6±3.6 (74)
WC (cm)	99.2±12.3 (20)	103.9±9.6 (73)
Glucose (mg/dl)	106±21 (26)	128±44 (76)
TC (mg/dl)	193±38 (26)	227±45 (76)
HDL-C (mg/dl)	50±11 (26)	57±17 (76)
TAG (mg/dl)	127±77 (26)	131±70 (76)
LDL-C (mg/dl)	118±30 (26)	144±45 (76)
SBP >130	77.8% (21)	88% (66)
DBP >85	7.4% (2)	40% (30)
Glucose >126	11.5% (3)	32.5% (25)
TC >200	38.5% (10)	68.8% (53)
HDL <40	23.1% (6)	15.6% (12)
LDL >130	38.5% (10)	62.3% (48)
TAG >150	34.6% (9)	31.2% (24)
BMI ≥25	76.2% (16)	90.7% (68)
WC >102	50% (10)	59.5% (44)

SBP, systolic blood pressure; DBP, diastolic blood pressure; BMI, body mass index; WC, waist circumference; TC, total cholesterol; HDL, high density lipoprotein; LDL, low density lipoprotein; TAG, triacylglycerols.