Table 1. Derived height and weight data (Mean± SD) of examined Rhythmic and Artistic Gymnasts[16].

Variable	Rhythmic		Artistic	
	Mean ± SD	n	Mean ± SD	n
Height SD score	+0.70 ± 0.8	129	-1.27 ± 1.1	142
Reported Target height (cm)	165.0 ± 4.7	121	161.1 ± 4.7	124
Target height SD score	+0.48 ± 0.8	121	-0.18 ± 0.8	125
Δ Height-Target height SD score	+0.10 ± 0.9	121	-0.89 ± 1.9	125
Weight SD score	-0.95 ± 0.6	129	-0.92 ± 0.7	142