

Table 4. Energy, nutrient intake and physical activity, according to ethnicity

	ETHNICITY	
	Greeks	Immigrants
Energy Intake (Kcal)	1363±471*	1611±599
Carbohydrates (%)	43.87±10.74*	46.53±8.75
Carbohydrates (g)	149.87±56.41**	188.31±70.63
Carbohydrates (g/KgBW)	4.13±1.98*	5.12±2.15
Proteins (%)	18.18±5.68	16.97±3.67
Proteins (g)	62.41±28.68	69.94±30.65
Proteins (g/KgBW)	1.70±0.88	1.90±0.89
Fat (%)	37.98±8.67	36.47±7.91
Fat (g)	59.68±28.19	68.24±32.80
Fat (g/KgBW)	1.64±0.91	1.86±1.00
Exercise (h/w)	4.14±4.18*	6.38±7.22
TV, PC (h/d)	1.54±0.71	1.76±0.87

*Significant difference between groups, $p < 0.05$

** Significant difference between groups, $p < 0.001$

BW: body weight