Table 3. Food group equivalents according to ethnicity

	ETHNICITY	
	Greeks	**Immigrants**
Milk Equivalents	2.34±1.01	2.51±1.10
Fruit Equivalents	2.21±2.20	2.35±2.32
Vegetable Equivalents	1.43±1.43	2.26±3.30
Bread & Cereal Equivalents	5.44±2.95*	7.38±3.90
Meat Equivalents	3.66±3.51	3.30±2.69
Fat Equivalents	11.60±6.23	8.99±3.75

* Significant difference between groups, $p<0.05$