

**Table 1.** Anthropometric characteristics according to ethnicity

|                                         | <b>TOTAL<br/>(n=266)</b> | <b>ETHNICITY</b>          |                              |
|-----------------------------------------|--------------------------|---------------------------|------------------------------|
|                                         |                          | <b>Greeks<br/>(n=236)</b> | <b>Immigrants<br/>(n=30)</b> |
| Age (yrs)                               | 9.98±0.95                | 9.92±0.92                 | 10.40±1.07                   |
| Weight (Kg)                             | 39.01±9.83               | 39.01±9.74                | 38.23±8.71                   |
| Height (cm)                             | 1.42±0.08                | 1.41±0.08*                | 1.45±0.09                    |
| Body Mass Index<br>(Kg/m <sup>2</sup> ) | 19.26±3.54               | 19.39±3.55*               | 17.97±2.38                   |
| Waist circumference<br>(cm)             | 66.48±9.51               | 66.69±9.33                | 63.86±8.29                   |
| Hip circumference<br>(cm)               | 80.04±8.85               | 80.12±8.74                | 78.75±8.09                   |
| Waist to Hip Ratio                      | 0.83±0.52                | 0.83±0.05*                | 0.80±0.04                    |
| Body Fat (%)                            | 21.88±8.46               | 22.33±8.57**              | 17.96±5.81                   |
| Overweight (%)                          | 24.1                     | 25.8*                     | 10.0                         |
| Obese (%)                               | 11.7                     | 12.7*                     | 3.3                          |

\* Significant difference between groups, p&lt;0.05

\*\* Significant difference between groups, p&lt;0.001