

Table 1. Comparison* of variables between the beginning and end of the first trimester in the drug and placebo groups. Values are expressed as means±SD

Variable	Placebo group			Drug group		
	Basal	End of first trimester	P-value	Basal	End of first trimester	P-value
FPG (mmol/l)	4.6±0.5	5.5±1.6	0.1	5±0.4	5.3±1.6	0.1
Insulin (pmol/l)	45.9±23.6	71±64.5	0.05	62.4±26.5	70.3±24.3	0.3
HOMA-IR	1.2±0.7	2.1±0.9	0.03	1.8±0.9	2.4±1.4	0.6
DHEA-S (µmol/l)	2.6±1.1	2.5±1.3	0.6	3.1±1.7	5.7±3.2	0.008

*The paired samples t-test was applied.

FPG: Fasting Plasma Glucose, HOMA-IR: Homeostatic Model Assessment - Insulin Resistance, DHEAS: Dehydroepiandrosterone Sulfate