

Table 1. Values of various parameters in males and females (mean $\pm$ SD)

	Males	Females	p value*
N	62	139	---
Age (years)	51.3 $\pm$ 10.9	42.2 $\pm$ 14.8	0.001
Thyroid volume (ml)	23.7 $\pm$ 14.2	16.04 $\pm$ 15.5	0.009
TSH (mIU/mL)	1.89 $\pm$ 1.27	3.39 $\pm$ 3.44	0.070
Free T4 (pmol/L)	1.33 $\pm$ 0.28	1.23 $\pm$ 0.25	0,057
Free T3 (pmol/L)	0.39 $\pm$ 0.40	0.35 $\pm$ 0.40	0,600
Anti-thyroglobulin antibody (IU/mL)	94.27 $\pm$ 91.15	195.84 $\pm$ 143.06	0,068
Anti-TPO antibody (IU/mL)	54.08 $\pm$ 47.72	107.87 $\pm$ 104.63	0.046
Zinc (μ g/dL)	72.15 $\pm$ 17.65	73.29 $\pm$ 11.75	0,601

*t-test for normally distributed variables or the Mann-Whitney test (for non-normally distributed variables). Statistically significant differences if $p < 0.05$.